



Honduras Brigade Donations

We ask that you engage your friends, family, and neighbours in the effort: you do not have to go down to be a part of it!

Items needed:

CLOTHING ITEMS

Toddler clothes for ages 3 thru 5 for both girls and boys

Undergarments for ages 7 thru 11 for both girls and boys

SCHOOL SUPPLIES

pencils, erasers, plastic rulers, sharpeners, crayons, coloured pencils, scissors (*No markers or ball point pens please*)

MEDICAL NEEDS

Adults - ibuprofen (Advil) acetaminophen (Tylenol) ASA, vitamins (reg & with iron)

Children - chewable vitamins, pain relief medication (chewable or liquid) Tylenol, or Advil, Diaper rash cream and polysporin ointment

NOTE - GENERIC BRANDS ARE FINE